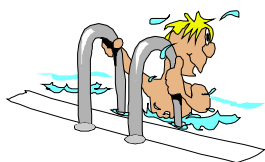


PUBLIC SWIMMING TIMETABLE



MONDAY

7.30am - 8.45am
1.00pm - 1.45pm
4.30pm - 7.00pm
7.00pm - 7.40pm
7.45pm - 8.30pm
8.30pm - 9.30pm

Early Bird Swim
Aqua Aerobics
Public Swim
Adult Swimming Lessons ²
Aqua Aerobics
Adults Only Swim



TUESDAY

12.30pm - 1.15pm
4.30pm - 7.00pm
7.00pm - 8.00pm
8.00pm - 9.30pm

50+ Swim
Children's Swimming Lessons ²
Public Swim
Ladies Only Swim



WEDNESDAY

7.30am - 8.45am
12.30pm - 1.15pm
1.30pm - 2.30pm
4.30pm - 5.30pm
5.30pm - 6.30pm
6.30pm - 7.30pm
7.30pm - 8.30pm
8.30pm - 9.45pm

Early Bird Swim
Aqua Aerobics
Adults Only Swim
Children's Swimming Lessons ²
Aqua Aerobics
Public Swim
Adults Only Swim
Lane Swim



THURSDAY

10.00am - 11.00am
12noon - 12.45pm
1.00pm - 2.00pm
4.30pm - 6.30pm
6.45pm - 7.30pm
7.30pm - 8.30pm
8.30pm - 9.30pm

Waterbabies (starts 10th Sept 09)
Aqua Aerobics
50+ Swim
Children's Swimming Lessons ²
Aqua Aerobics
Public Swim
Adults Only Swim



FRIDAY

7.30am - 8.45am
1.00pm - 2.00pm
5.30pm - 6.30pm
6.30pm - 7.30pm
7.30pm - 8.30pm
8.30pm - 9.30pm

Early Bird
Adults Only Swim (starts 11th Sept 09)
Aqua Aerobics
Public Swim
Aqua Fun
Diving Club

1 Please buy ticket in advance

SATURDAY

8.30am - 1.00pm
1.15pm - 2.15pm
2.30pm - 3.30pm

Children's Swimming Lessons ²
Public Swim
Party hire

2 Block course, prior booking needed

SUNDAY

9.00am - 11.00am
11.00am - 11.30am
11.30am - 12.30pm
4.00pm - 7.00pm

Family Swim ³
Party Hire
Public Swim
Public Swim

3 Adult/Child family groups only

Each session has a designated maximum. No further admissions will be made if this number is reached
Children's Admissions Policy: To swim without adult supervision children **MUST** be 8 years old or over AND be able to swim competently. Children 7 and under must be supervised in the water by an adult (16 years or over) at a maximum ratio of 1 adult to 2 children.

Children 8 and over must use their own gender changing room